

# Pumpkin Bars With Cream Cheese Frosting

Yield: 15 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/halloween-frosting-recipe>

## Ingredients:

- nonstick cooking spray
- 1/2 cup unsalted butter softened, for bars
- 1/2 cup canola oil
- 1 cup light brown sugar packed
- 2/3 cup granulated sugar
- 1 teaspoon vanilla extract for bars
- 1 can pumpkin puree 15 oz. per can
- 4 large eggs
- 2 cups all purpose flour
- 1 tablespoon pumpkin pie spice
- 1 teaspoon baking soda
- 1/2 teaspoon baking powder
- 3/4 teaspoon salt for bars
- 12 ounces cream cheese softened
- 4 ounces unsalted butter softened, for frosting
- 2 cups powdered sugar
- 1 teaspoon vanilla extract for frosting
- 1/8 teaspoon salt for frosting

## Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 115 milligrams
4. Fat: 29 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 13 grams

8. Sodium: 340 milligrams
  9. Sugar: 40 grams
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