

# Quick Pumpkin Bread with Homemade Pumpkin Puree

Yield: 20 min  
Total Time: 100 min

Recipe from: <https://www.recipeschoose.com/recipes/pumpkin-bread-recipe-with-canned-pumpkin-southern-living>

## Ingredients:

- 1 pumpkin sweet, about 2 kg
- 2 tablespoons olive oil
- 3 5/8 cups all-purpose flour 3 1/2 cups
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 ground cinnamon
- 1/4 teaspoon ground ginger
- 1/8 teaspoon ground cloves optional
- 4 eggs
- 2 cups granulated white sugar 2 cups
- 1 cup unsalted butter 1 cup
- 1 3/4 cups pumpkin puree from roasted pumpkin
- 1/4 cup water
- 1 teaspoon vanilla extract

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 47 grams
3. Cholesterol: 65 milligrams
4. Fat: 12 grams
5. Fiber: 3 grams
6. Protein: 5 grams
7. SaturatedFat: 6 grams
8. Sodium: 220 milligrams
9. Sugar: 22 grams

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