

Mince Pie Trees

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/puff-pastry-mince-pie-recipe-south-africa>

Ingredients:

- plain flour for dusting
- 15/16 pound puff pastry pack ready-rolled, 2 sheets in each pack
- 3 1/8 cups mincemeat
- 1 egg beaten
- 1 icing sugar to serve

Nutrition:

1. Calories: 860 calories
2. Carbohydrate: 91 grams
3. Cholesterol: 55 milligrams
4. Fat: 51 grams
5. Fiber: 5 grams
6. Protein: 12 grams
7. SaturatedFat: 14 grams
8. Sodium: 500 milligrams
9. Sugar: 26 grams

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