

Rice Cooker Puerto Rican Beans

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/puerto-rican-beans-recipe>

Ingredients:

- 1 tablespoon olive oil
- 2 tablespoons sofrito
- 1 packet sazón
- 2 tablespoons chicken Flavor Bouillon, you can use packets too
- 8 ounces tomato sauce can of
- 14 ounces stewed tomatoes
- 1 can beans we used pink beans
- 2 cloves garlic
- 1 bay leaf
- 3 cups water
- 1 can vienna sausage diced
- 1 onion large, diced
- 1 plantain large ripe, cut into thin pieces
- 2 large potatoes diced
- 1 teaspoon basil we used fresh sweet basil
- salt
- pepper

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 72 grams
3. Cholesterol: 5 milligrams
4. Fat: 7 grams
5. Fiber: 12 grams
6. Protein: 11 grams
7. SaturatedFat: 1 grams
8. Sodium: 760 milligrams

9. Sugar: 22 grams

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