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Soft Pretzels

Yield: 6 min Total Time: 90 min

Recipe from: https://www.recipeschoose.com/recipes/pretzel-recipe-indian

Ingredients:

- 1 cup milk
- 1 package active dry yeast not rapid rise yeast
- 3 tablespoons light brown sugar packed
- 2 1/4 cups all-purpose flour plus more for kneading
- 5 tablespoons unsalted butter divided, 2 tablespoons for the dough; 3 tablespoons for brushing on finished pretzels
- 1 teaspoon fine salt
- 1/3 cup baking soda
- coarse salt to taste*

Nutrition:

Calories: 310 calories
Carbohydrate: 45 grams
Cholesterol: 30 milligrams

4. Fat: 11 grams5. Fiber: 2 grams6. Protein: 7 grams

7. SaturatedFat: 7 grams8. Sodium: 3910 milligrams

9. Sugar: 9 grams

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