

Cornish Game Hens with Rice Stuffing

Yield: 4 min
Total Time: 130 min

Recipe from: <https://www.recipeschoose.com/recipes/preparing-southern-fried-game-hen-recipe>

Ingredients:

- 3 tablespoons butter
- 2 tablespoons slivered almonds
- 2 tablespoons chopped onion
- 1/3 cup wild rice uncooked
- 1 cup water
- 1 cube chicken bouillon
- 1/2 teaspoon salt
- 2 cornish game hens
- salt to taste
- 1/4 cup melted butter

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 225 milligrams
4. Fat: 46 grams
5. Fiber: 1 grams
6. Protein: 32 grams
7. SaturatedFat: 20 grams
8. Sodium: 920 milligrams
9. Sugar: 1 grams

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