

# Long Mashed Potato Fries

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/potato-fries-recipe-for-thanksgiving>

## Ingredients:

- 300 grams potatoes
- 2 tablespoons cornstarch + more for coating
- 1/4 cup heavy cream
- 1/2 teaspoon chicken stock powder
- 1/2 teaspoon black pepper
- 1/2 teaspoon salt
- oil for frying

## Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 25 milligrams
4. Fat: 12 grams
5. Fiber: 2 grams
6. Protein: 2 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 350 milligrams
9. Sugar: 1 grams

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