

Old Fashioned Potato Soup

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/potato-chive-soup-recipe-milk-russian>

Ingredients:

- 1 pound potatoes washed - peeled if desired. 1 pound potatoes, washed - peeled if desired.
- 1 cup onion diced 1 cup onion, diced
- 1/4 cup butter 1/4 cup butter
- 2 cups whole milk 2 cups whole milk
- 1/2 cup heavy cream whipping cream or half and half 1/2 cup heavy cream,, whipping cream or half and half
- salt
- pepper
- 1/2 teaspoon garlic powder optional 1/2 teaspoon garlic powder,, optional
- 1/4 teaspoon onion powder 1/4 teaspoon onion powder
- 2 tablespoons chives or parsley - finely chopped 2 tablespoons chives, or parsley - finely chopped

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 90 milligrams
4. Fat: 29 grams
5. Fiber: 4 grams
6. Protein: 8 grams
7. SaturatedFat: 18 grams
8. Sodium: 350 milligrams
9. Sugar: 9 grams

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