

Portuguese Toast (Rabanadas)

Yield: 9 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/portuguese-toast-recipe>

Ingredients:

- 2 cups whole milk
- 6 tablespoons granulated sugar
- 1 tablespoon honey a high quality honey
- 3 beaten eggs
- 1 cinnamon sticks
- sugar
- ground cinnamon
- 1 loaf Italian bread 16 oz or any other type of loaf, use at least one-day old bread so the bread is firmer for the toasts
- 1/2 cup canola oil to fry

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 30 milligrams
4. Fat: 16 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 250 milligrams
9. Sugar: 16 grams

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