

Portuguese Custard Tarts

Yield: 12 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/portuguese-tarts-recipe-nigella>

Ingredients:

- 3 egg yolks
- 5/8 cup sugar
- 4 1/8 tablespoons cornflour
- 1 cup cream
- 3/4 cup milk
- 2 teaspoons vanilla
- puff pastry Just Roll
- 1 cinnamon stick

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 70 milligrams
4. Fat: 6 grams
5. Protein: 2 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 25 milligrams
8. Sugar: 11 grams

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