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## Laurinda Silva's Portuguese Potato Salad With Tuna

Yield: 5 min Total Time: 60 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/portuguese-potato-salad-recipe">https://www.recipeschoose.com/recipes/portuguese-potato-salad-recipe</a>

## **Ingredients:**

- 6 Yukon Gold potatoes Medium, Cooked & Diced
- 15 ounces garbanzo beans Each, Drained
- 4 hard boiled eggs Chopped or Sliced
- 1/4 cup green olives or Black, or Mixed, Sliced In Half
- 1/3 cup parsley Chopped
- 1 small onion Chopped
- 4 tablespoons red wine vinegar
- 2 cans albacore tuna in water Drained
- 4 tablespoons olive oil Add More if needed
- 1 teaspoon sea salt

## **Nutrition:**

Calories: 720 calories
Carbohydrate: 83 grams
Cholesterol: 200 milligrams

4. Fat: 23 grams5. Fiber: 22 grams6. Protein: 46 grams

7. SaturatedFat: 4.5 grams8. Sodium: 930 milligrams

9. Sugar: 10 grams

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