

# Portuguese Fried Bread

Yield: 20 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/portuguese-quick-bread-recipe>

## Ingredients:

- 2 cups all-purpose flour
- 3 teaspoons baking powder
- 1/2 teaspoon salt
- 2 tablespoons white sugar
- 3/4 cup milk
- 1 quart vegetable oil for frying

## Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 12 grams
3. Fat: 44 grams
4. Protein: 2 grams
5. SaturatedFat: 3 grams
6. Sodium: 150 milligrams
7. Sugar: 2 grams
8. TransFat: 1.5 grams

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