

Portuguese Coconut ›Custard Tarts

Yield: 10 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/portuguese-custard-tarts-with-saffron-recipe>

Ingredients:

- 2 tablespoons cornstarch
- 1 cup milk
- 1 cup sweetened shredded coconut
- 3 large eggs
- 1 cup granulated sugar
- 2 tablespoons unsalted butter melted
- 1/4 teaspoon lemon extract

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 70 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 7 grams
8. Sodium: 40 milligrams
9. Sugar: 22 grams

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