

# Portuguese Peas and Eggs | Ervilhas com Ovos

Yield: 5 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/portuguese-vinegar-recipe>

## Ingredients:

- 6 ounces slab bacon thick-cut, sliced crosswise into 1/4-inch pieces, see LC Note
- 1 yellow onion diced
- 1 tablespoon white vinegar
- 6 large eggs
- 3 cups peas frozen baby, thawed
- 1 medium tomatoes seeded and diced
- coarse salt
- ground white pepper
- 1 tablespoon parsley minced, for garnish, optional

## Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 275 milligrams
4. Fat: 21 grams
5. Fiber: 6 grams
6. Protein: 17 grams
7. SaturatedFat: 7 grams
8. Sodium: 530 milligrams
9. Sugar: 7 grams

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