

Southern Tenderloin Biscuits

Yield: 12 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/pork-tenderloin-southern-style-oven-recipe>

Ingredients:

- 12 buttermilk biscuits [Southern, |<https://addapinch.com/2010/09/27/southern-buttermilk-biscuits/>]
- 1 pork tenderloin
- 2 tablespoons olive oil
- salt
- pepper
- sharp cheddar cheese

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 30 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 12 grams
7. SaturatedFat: 2 grams
8. Sodium: 620 milligrams
9. Sugar: 2 grams

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