

# Weeknight Indoor Ribs

Yield: 7 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/pork-southern-style-ribs-recipe>

## Ingredients:

- 25 ounces rib starter
- 2 baby back ribs slabs, about 5 lb. total
- 1 cup chicken stock

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 90 milligrams
4. Fat: 19 grams
5. Protein: 28 grams
6. SaturatedFat: 6 grams
7. Sodium: 115 milligrams
8. Sugar: 1 grams

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