

Pueblo Green Chile Stew

Yield: 8 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/pork-sirloin-celery-chinese-recipe>

Ingredients:

- 2 pounds pork sirloin boneless, or shoulder, cubed
- 1 tablespoon vegetable oil
- 36 ounces corn kernels drained
- 2 stalks celery without leaves, diced
- 2 potatoes medium, diced
- 2 tomatoes medium, coarsely chopped
- 12 ounces green chiles diced
- 4 cups chicken broth
- 2 teaspoons ground cumin
- 1 teaspoon dried oregano
- salt to taste

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 20 milligrams
4. Fat: 4.5 grams
5. Fiber: 2 grams
6. Protein: 34 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 1800 milligrams
9. Sugar: 13 grams

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