

Pressure Cooker Mexican Pork Roast

Yield: 7 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/pork-roast-recipe-mexican-oven>

Ingredients:

- 3 1/2 pounds pork roast Boston butt
- 1 1/2 cups salsa
- 1 onion medium, chopped
- 1/2 cup water
- 3 garlic cloves minced
- 3 jalapeno peppers with seeds removed
- salt
- pepper
- 1 teaspoon oil

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 145 milligrams
4. Fat: 10 grams
5. Fiber: 2 grams
6. Protein: 51 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 550 milligrams
9. Sugar: 2 grams

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