

Grilled Pork Chop Marinade

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/pork-chop-recipes>

Ingredients:

- 2 pork chops
- 1 teaspoon onion powder
- 1/2 teaspoon oregano
- 1/3 cup olive oil
- 1/4 cup lemon juice
- 1/4 cup soy sauce
- 1 tablespoon brown sugar
- pepper to taste

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 40 milligrams
4. Fat: 21 grams
5. Fiber: 1 grams
6. Protein: 18 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 1080 milligrams
9. Sugar: 3 grams

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