

# Aromatherapy Christmas Ornaments

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/porcelain-christmas-ornaments-recipe>

## Ingredients:

- 2 cups applesauce
- 2 cups ground cinnamon
- 3 drops cassia essential oil
- 3 drops ginger essential oil
- 3 drops Orange Wild, essential oil

## Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 72 grams
3. Fat: 0.5 grams
4. Fiber: 34 grams
5. Protein: 3 grams
6. Sodium: 10 milligrams
7. Sugar: 20 grams

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