

Southern Ham Biscuits

Yield: 12 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/poppy-seed-bread-recipe-southern-living>

Ingredients:

- 8 1/4 buttermilk biscuits /southern-
- 10 slices ham sliced, cut into 2 " pieces
- 12 slices cheddar cheese cut into fourths
- 4 tablespoons butter softened
- poppy seed spread, optional

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 55 milligrams
4. Fat: 22 grams
5. Fiber: 1 grams
6. Protein: 13 grams
7. SaturatedFat: 10 grams
8. Sodium: 880 milligrams
9. Sugar: 1 grams

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