

Pumpkin Pecan Polvorones (Mexican Wedding Cookies)

Yield: 10 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/polvorones-mexican-wedding-cakes-recipe>

Ingredients:

- 1/2 cup coconut oil melted, or room temperature butter
- 1/2 cup pumpkin purée
- 1/2 cup cane sugar fine
- 1 teaspoon vanilla
- 1 1/2 teaspoons ground cinnamon
- 1 teaspoon ground ginger
- 1/4 teaspoon ground allspice
- 1/2 teaspoon salt
- 1 pecans slightly heaping cup raw, or raw pecan pieces
- 2 cups whole wheat pastry flour
- 1/2 cup powdered sugar

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 38 grams
3. Fat: 12 grams
4. Fiber: 1 grams
5. Protein: 3 grams
6. SaturatedFat: 10 grams
7. Sodium: 160 milligrams
8. Sugar: 17 grams

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