

# Pollo A La Crema

Yield: 2 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/pollo-a-la-portuguesa-recipe>

## Ingredients:

- 1 tablespoon olive oil
- 2 cups boneless chicken breasts cut into strips
- 1 sweet onion sliced
- 1/2 cup fresh mushrooms sliced fairly thick
- 1/2 cup green pepper cut into strips
- 1/2 tablespoon spanish paprika
- 1 tablespoon chicken bouillon crystals, can also use a stock cube
- 1/2 cup heavy cream Mexican cream is best
- 1/3 cup sour cream

## Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 210 milligrams
4. Fat: 46 grams
5. Fiber: 3 grams
6. Protein: 36 grams
7. SaturatedFat: 24 grams
8. Sodium: 800 milligrams
9. Sugar: 12 grams

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