

# Mexican Pollo A La Crema

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/pollo-a-la-cream-italian-recipe>

## Ingredients:

- 2 poblano peppers medium
- 1 tablespoon olive oil
- 4 chicken breasts
- 2 teaspoons cumin
- 2 teaspoons chili powder
- 1 teaspoon garlic powder
- 1/2 teaspoon onion powder
- 1/2 teaspoon dried oregano
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 2 tablespoons butter divided
- 1 medium onions sliced
- 4 garlic cloves minced
- 15 ounces crema mexicana jar of, about 2 cups
- 4 tablespoons fresh cilantro chopped
- 10 ounces cauliflower rice bags, optional

## Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 70 milligrams
4. Fat: 31 grams
5. Fiber: 3 grams
6. Protein: 5 grams
7. SaturatedFat: 17 grams
8. Sodium: 750 milligrams
9. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Mexican Pollo A La Crema above. You can see more 19 pollo a la cream italian recipe Try these culinary delights! to get more great cooking ideas.