

Stuffed Cabbage Soup

Yield: 9 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-stuffed-cabbage-recipe-with-tomato-soup>

Ingredients:

- 1 1/2 pounds ground beef
- 1 onion small, chopped
- 2 cloves garlic minced
- 28 ounces petite diced tomatoes undrained
- 3 cups vegetable juice like V8
- 3 cups beef broth
- 1 cup rice
- 1 head cabbage cored and chopped
- salt
- pepper

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 50 milligrams
4. Fat: 11 grams
5. Fiber: 4 grams
6. Protein: 19 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 640 milligrams
9. Sugar: 6 grams
10. TransFat: 1 grams

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