

# Slow Cooker Polish Sausage, Cabbage and Onions

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-sausage-cabbage-recipe>

## Ingredients:

- 8 polish sausage Smoked
- 4 yellow onions medium, sliced
- 3 cups cabbage shredded
- 1/4 cup brown sugar
- 3 tablespoons spicy brown mustard
- 1 teaspoon ground pepper fresh
- 1 dash cayenne pepper
- 2 cups apple juice
- 1 cup sharp cheddar cheese grated
- 8 hoagie rolls toasted with garlic butter

## Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 105 grams
3. Cholesterol: 30 milligrams
4. Fat: 15 grams
5. Fiber: 6 grams
6. Protein: 22 grams
7. SaturatedFat: 7 grams
8. Sodium: 900 milligrams
9. Sugar: 28 grams

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