

Mac and Cheese Bake

Yield: 8 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-sausage-and-noodles-recipe>

Ingredients:

- 16 ounces noodles elbow macaroni, cooked and drained
- 1 stick butter
- 1 flour scant cup
- 3 cups milk
- 8 ounces cream cheese
- 1 pound cheddar cheese shredded
- 10 ounces polish sausage sliced into 1/2 inch coins, optional
- 1 medium onion chopped, optional
- 1/2 cup panko style bread crumbs

Nutrition:

1. Calories: 850 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 200 milligrams
4. Fat: 55 grams
5. Fiber: 2 grams
6. Protein: 34 grams
7. SaturatedFat: 30 grams
8. Sodium: 960 milligrams
9. Sugar: 9 grams

Thank you for visiting our website. Hope you enjoy Mac and Cheese Bake above. You can see more 15 polish sausage and noodles recipe Prepare to be amazed! to get more great cooking ideas.