

Kielbasa Casserole

Yield: 6 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-kielbasa-casserole-recipe>

Ingredients:

- 3 pounds kielbasa cut into 1/2-inch pieces
- 1 1/2 pounds baby red potatoes cut in half
- 1/2 sweet onion diced
- 1 pound fresh green beans or one bag frozen or two 14.5 oz cans
- 1 cup beef broth
- 3 cloves garlic minced
- 1 teaspoon salt
- red chili flakes for garnish add on each plate if desired, optional

Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 160 milligrams
4. Fat: 41 grams
5. Fiber: 6 grams
6. Protein: 34 grams
7. SaturatedFat: 14 grams
8. Sodium: 3260 milligrams
9. Sugar: 5 grams

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