

Piernik (Polish gingerbread cake)

Yield: 10 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-gingerbread-recipe>

Ingredients:

- 1/2 cup honey 162g
- 1/2 cup sugar 100g
- 1/4 cup unsalted butter
- 1/2 orange zest ie zest from 1/2 orange
- 2 tablespoons marmalade or fruit jam eg apricot, plum
- 1 1/2 cups all-purpose flour
- 210 grams plain flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda bicarbonate of soda
- 1/4 teaspoon salt
- 1 1/2 teaspoons cinnamon
- 1/2 teaspoon nutmeg
- 1/2 teaspoon allspice
- 1/2 teaspoon cloves
- 1/8 teaspoon cardamom
- 2 eggs
- 1/2 cup milk 120ml
- 1/2 cup confectioner's sugar
- 55 grams icing sugar
- 1 tablespoon unsweetened cocoa powder
- 1 tablespoon unsalted butter
- 1 tablespoon boiling water

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 70 grams
3. Cholesterol: 60 milligrams

4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 4 grams
8. Sodium: 270 milligrams
9. Sugar: 38 grams

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