

Paczki (Polish Donuts)

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-donuts-recipe>

Ingredients:

- 2 tablespoons butter unsalted, at room temperature
- 2 tablespoons sugar
- 1/2 cup milk lukewarm
- 2 eggs
- 1 teaspoon vanilla extract
- 1/4 teaspoon salt
- 1 teaspoon instant yeast
- 2 cups all purpose flour
- 16 teaspoons blueberry jam I used Saskatoon berry jam, but any jam or jelly will work
- powdered sugar
- vegetable oil for frying

Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 77 grams
3. Cholesterol: 125 milligrams
4. Fat: 15 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 5 grams
8. Sodium: 260 milligrams
9. Sugar: 24 grams

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