

Polish Cucumber Salad

Yield: 6 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-cucumber-salad-recipe>

Ingredients:

- 3 cucumbers peeled & thinly sliced
- 1/4 cup red onion thinly sliced
- 1/4 cup fresh dill chopped
- 1/2 cup sour cream we use lactose free
- 2 teaspoons salt divided
- 1 lemon

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 10 milligrams
4. Fat: 4 grams
5. Fiber: 3 grams
6. Protein: 2 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 810 milligrams
9. Sugar: 4 grams

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