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Polish Cucumber Salad – Mizeria

Yield: 4 min Total Time: 10 min

Recipe from: https://www.recipeschoose.com/recipes/polish-cucumber-salad-mizeria-recipe

Ingredients:

- 1 English cucumber seedless, peeled and thinly sliced
- 1/2 cup fresh dill chopped
- 1/2 cup spring onions Green, green and white parts
- 2/3 cup sour cream
- 1/2 teaspoon salt
- black pepper Fresh
- 1 tablespoon white vinegar
- lemon juice squeeze of
- 1 teaspoon sugar

Nutrition:

- 1. Calories: 100 calories
- 2. Carbohydrate: 8 grams
- 3. Cholesterol: 20 milligrams
- 4. Fat: 8 grams
- 5. Fiber: 2 grams
- 6. Protein: 2 grams
- 7. SaturatedFat: 4.5 grams
- 8. Sodium: 330 milligrams
- 9. Sugar: 4 grams

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