

Mizeria: Polish Cucumbers in Sour Cream

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-cucumber-and-sour-cream-recipe>

Ingredients:

- 1 cucumber large, with or without seeds, washed, trimmed, and peeled
- salt
- 1/2 cup sour cream
- 1 teaspoon sugar
- 2 teaspoons white vinegar optional
- 1 tablespoon fresh dill chopped, plus more for serving
- black pepper to taste

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 15 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 220 milligrams
9. Sugar: 4 grams

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