

# Old Fashioned Creamed Cabbage

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-creamed-cabbage-recipe>

## Ingredients:

- 2 tablespoons bacon drippings
- 1 onion chopped
- 2 cloves garlic chopped
- 8 cups cabbage chopped
- 3 cups chicken broth
- 8 tablespoons butter Split
- 1/2 cup all purpose flour
- 1 cup half and half
- 2 teaspoons salt
- 1 teaspoon pepper
- 1/2 teaspoon nutmeg
- 20 Ritz Crackers crushed

## Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 90 milligrams
4. Fat: 44 grams
5. Fiber: 4 grams
6. Protein: 10 grams
7. SaturatedFat: 23 grams
8. Sodium: 1640 milligrams
9. Sugar: 3 grams

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