

# Strawberry Compote

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-compote-recipe>

## Ingredients:

- 4 cups strawberries fresh or frozen
- 1/4 cup sugar
- 1/4 cup orange juice

## Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 28 grams
3. Fiber: 4 grams
4. Protein: 2 grams
5. Sugar: 23 grams

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