

Classic Carrot Salad

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-carrot-salad-recipe>

Ingredients:

- 4 cups carrots freshly grated, 4 to 6 medium sized carrots
- 1 cup raisins regular, golden, craisins or a mix
- 1 apple large, peeled or not, your preference cored and chopped
- 1/3 cup mayonnaise

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 5 milligrams
4. Fat: 6 grams
5. Fiber: 5 grams
6. Protein: 2 grams
7. SaturatedFat: 1 grams
8. Sodium: 220 milligrams
9. Sugar: 28 grams

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