

Crock Pot Polish Sausage and Cabbage Soup

Yield: 8 min
Total Time: 430 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-cabbage-soup-recipe-crock-pot>

Ingredients:

- 1/2 pound sausage links smoked Polish, halved lengthwise and cut into bite size pieces.
- 4 cups chicken broth
- 4 cups cabbage chopped
- 2 cups potatoes peeled and cubed
- 2 onions chopped
- 1 carrot peeled and shredded
- 2 tablespoons caraway seed crushed
- salt
- pepper

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 15 milligrams
4. Fat: 10 grams
5. Fiber: 3 grams
6. Protein: 8 grams
7. SaturatedFat: 3 grams
8. Sodium: 410 milligrams
9. Sugar: 2 grams

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