

# Polish Cabbage Rolls

Yield: 6 min

Total Time: 110 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-cabbage-recipe>

## Ingredients:

- 1 head cabbage
- 2/3 cup water
- 1/3 cup white rice uncooked
- 10 3/4 ounces tomato soup cans
- 1 teaspoon brown sugar
- 1 teaspoon Worcestershire sauce
- 1 pound ground beef
- 1/4 cup onion finely chopped
- 1 egg beaten
- 1 teaspoon salt
- 1/4 teaspoon black pepper

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 85 milligrams
4. Fat: 12 grams
5. Fiber: 4 grams
6. Protein: 18 grams
7. SaturatedFat: 5 grams
8. Sodium: 630 milligrams
9. Sugar: 3 grams
10. TransFat: 1 grams

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