

# Polish Cabbage and Noodles, Haluski

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-haluski-recipe-with-kielbasa>

## Ingredients:

- 8 ounces egg noodles
- 2 tablespoons olive oil
- 1 pound kielbasa or sausage of your choice, sliced
- 4 tablespoons butter
- 1 onion large, chopped
- 1 head cabbage chopped and divided in half
- 2 cloves garlic minced
- 1 cup frozen peas
- salt
- fresh ground black pepper
- 8 ounces egg noodles
- 2 tablespoons olive oil
- 1 pound kielbasa sliced, or sausage of your choice
- 4 tablespoons butter
- 1 onion large, chopped
- 1 inch cabbage large head of, chopped and divided half
- 2 cloves garlic minced
- 1 cup frozen peas
- salt
- fresh ground black pepper

## Nutrition:

1. Calories: 1400 calories
2. Carbohydrate: 116 grams
3. Cholesterol: 315 milligrams
4. Fat: 82 grams
5. Fiber: 12 grams

6. Protein: 52 grams
  7. SaturatedFat: 31 grams
  8. Sodium: 3410 milligrams
  9. Sugar: 8 grams
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