

# Polish Babka Bread

## {Celebrating Our Heritage Series}

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-polish-babka-bread>

### Ingredients:

- 1/2 cup unsalted butter softened
- 1/2 cup sugar
- 4 egg yolks
- 1 cup milk scalded
- 1 package yeast
- 1/4 cup lukewarm water
- 4 cups all purpose flour
- 1 teaspoon salt
- 1 cup raisins optional
- 1 egg slightly beaten
- 2 tablespoons water

### Nutrition:

1. Calories: 960 calories
2. Carbohydrate: 147 grams
3. Cholesterol: 330 milligrams
4. Fat: 32 grams
5. Fiber: 5 grams
6. Protein: 22 grams
7. SaturatedFat: 17 grams
8. Sodium: 670 milligrams
9. Sugar: 46 grams

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