

# Apple Fritters

Yield: 24 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-apple-fritters-recipe>

## Ingredients:

- vegetable oil for deep frying
- 2 cups bisquick Original, ® mix
- 1/2 cup cold water
- 1 egg
- 1/4 cup granulated sugar
- 1 teaspoon ground cinnamon
- 1 1/2 cups apple peeled and chopped, I used Golden Delicious
- cinnamon sugar Coating:
- 3/4 cup sugar
- 1 1/2 teaspoons cinnamon
- glaze Coating:
- 3 cups powdered sugar
- 3 1/2 tablespoons milk

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 10 milligrams
4. Fat: 2.5 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 150 milligrams
9. Sugar: 26 grams

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