

Pointed Cabbage Salad with Gyoza Chickpeas and Parmesan

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/pointed-cabbage-recipe-chinese-style>

Ingredients:

- 1 pointed cabbage
- 1 tablespoon olive oil
- salt
- black pepper
- 2 7/16 cups chickpeas cooked
- 1 teaspoon chili flakes adjust according to taste & heat
- 2 3/4 cups leafy greens such as spinach or kale
- 6 3/4 tablespoons Parmesan cheese shredded
- 2 tablespoons Japanese soy sauce
- 1 tablespoon rice vinegar
- 1/4 teaspoon sesame oil

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 5 milligrams
4. Fat: 8 grams
5. Fiber: 10 grams
6. Protein: 12 grams
7. SaturatedFat: 2 grams
8. Sodium: 1210 milligrams
9. Sugar: 1 grams

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