

# Healthy Vanilla Bean Greek Frozen Yogurt

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/plain-greek-frozen-yogurt-recipe>

## Ingredients:

- greek yogurt Plain, Nonfat Organic
- half and half Organic
- stevia extract Vanilla-Flavored
- vanilla paste I use homemade!
- salt

## Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 5 milligrams
4. Fat: 1.5 grams
5. Protein: 1 grams
6. SaturatedFat: 1 grams
7. Sodium: 150 milligrams
8. Sugar: 2 grams

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