## RecipesCh@~se

## Old Fashioned Southern Sweet Potato Pie

Yield: 4 min Total Time: 60 min

Recipe from: https://www.recipeschoose.com/recipes/southern-sweet-potato-pies-recipe

## **Ingredients:**

- 1/2 cup butter
- 1/2 cup light brown sugar
- 1/4 cup light karo syrup
- 2 eggs beaten
- 1 can evaporated milk
- 3 cups sweet potatoes cooked, mashed
- 2 teaspoons vanilla
- 1/4 teaspoon salt
- 1 pie crust unbaked 9-inch
- nutmeg optional

## Nutrition:

- 1. Calories: 900 calories
- 2. Carbohydrate: 97 grams
- 3. Cholesterol: 195 milligrams
- 4. Fat: 52 grams
- 5. Fiber: 5 grams
- 6. Protein: 16 grams
- 7. SaturatedFat: 25 grams
- 8. Sodium: 780 milligrams
- 9. Sugar: 37 grams

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