

Best Spicy Sweet Potato Fries

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-sweet-potato-for-thanksgiving>

Ingredients:

- 1 pound sweet potatoes
- 1 tablespoon extra-virgin olive oil
- 1 teaspoon chili powder
- 1/4 teaspoon cayenne pepper
- 1/2 teaspoon salt
- black pepper to taste

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 25 grams
3. Fat: 3.5 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 360 milligrams
8. Sugar: 5 grams

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