

Slow Cooker Cheesy Chicken Mexican Soup

Yield: 7 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/pioneer-woman-slow-cooker-mexican-soup-recipe>

Ingredients:

- 1 1/2 pounds boneless skinless chicken breasts
- 2 cups sweet onion chopped, {about 1/2 of an onion}
- 1 cup green pepper chopped, {about 1/2 of a green pepper}
- 1 cup red pepper chopped, {about 1/2 of a red pepper}
- 15 ounces black beans drained and rinsed
- 4 ounces diced green chilies can of
- 4 cups chicken broth
- 1 cup salsa {I used a Roasted Tomato Salsa}
- 1 cup water
- 1 teaspoon cumin
- 1 teaspoon chili powder
- 1/2 teaspoon paprika
- 1/4 teaspoon red pepper cayenne
- 1 cup Crystal Farms Shredded Wisconsin Sharp Cheddar Cheese
- 1 1/2 cups cheese Crystal Farms Shredded Mexican 3
- avocado chopped
- fresh cilantro chopped
- red onion chopped
- sour cream
- cheese Extra

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 95 milligrams
4. Fat: 16 grams

5. Fiber: 7 grams
 6. Protein: 36 grams
 7. SaturatedFat: 8 grams
 8. Sodium: 860 milligrams
 9. Sugar: 5 grams
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