

Shrimp and Macaroni Salad

Yield: 5 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-style-macaroni-salad-recipe>

Ingredients:

- 1 cup macaroni dry dreamfields
- 2 cups shrimp thawed frozen precooked, cut in 1/2 inch pieces, save some of the juice
- 1 cup celery diced
- 1/4 cup sliced green onions
- pepper salt and, to taste
- salt and pepper to taste
- 2/3 cup mayonnaise or use 1/3 cup light mayo and 1/3 cup regular mayo, do not use fat free
- 1 juice t reduced shrimp, liquid saved when draining shrimp which has been boiled to concentrate the flavor
- 1 teaspoon fresh lemon juice
- 1 celery seed

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 145 milligrams
4. Fat: 13 grams
5. Fiber: 2 grams
6. Protein: 22 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 540 milligrams
9. Sugar: 7 grams

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