

Pineapple Mango Salsa

Yield: 8 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/pioneer-woman-recipe-for-italian-pink-sauce>

Ingredients:

- 1 whole pineapple Peeled And Diced
- 1 whole mango Diced
- 1/2 whole red onion Medium, Finely Diced
- 1 whole jalapeno Seeded And Diced
- fresh cilantro Chopped
- 1 whole lime Juiced
- 1 dash kosher salt
- 1 dash granulated sugar optional

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 22 grams
3. Fiber: 2 grams
4. Protein: 2 grams
5. Sodium: 40 milligrams
6. Sugar: 18 grams

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