

Italian Sausage and Vegetable Soup

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-pinto-beans-recipe>

Ingredients:

- 1 1/2 pounds italian sausage 6 links
- 1 1/2 cups carrots 5-6 large carrots, peeled and chopped
- 1 1/2 cups celery 4-5 stalks, thinly sliced
- 1/2 cup red bell pepper chopped
- 1/2 cup green bell pepper chopped
- 1 onion medium, chopped small
- 2 cups pinto beans pre-cooked or 1 can
- 28 ounces diced tomatoes petite
- 4 cups chicken broth or 2 cans
- 1 teaspoon dried oregano
- 1 teaspoon dried basil
- 1/2 teaspoon granulated garlic or garlic powder
- 1/4 teaspoon ground black pepper freshly
- 1 teaspoon kosher salt adjust according to taste

Nutrition:

1. Calories: 740 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 130 milligrams
4. Fat: 55 grams
5. Fiber: 6 grams
6. Protein: 35 grams
7. SaturatedFat: 19 grams
8. Sodium: 2050 milligrams
9. Sugar: 11 grams

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