

# Avocado Pineapple Cucumber Salad

Yield: 4 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/pineapple-salad-recipe-indian>

## Ingredients:

- 1 avocado diced
- 2 cups pineapple diced
- 1 cucumber seeded and diced
- 2 limes juiced
- 1/2 cup cilantro chopped
- salt to taste

## Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 24 grams
3. Fat: 8 grams
4. Fiber: 7 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 200 milligrams
8. Sugar: 11 grams

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